

St. George, Cedar City & Mesquite

Friday, March 1, 2024

Southwest Symphony To Present Great Spring Concerts! Blue as part of the

SOUTHWEST SYMPHONY

LUCAS DARGER | MUSIC DIRECTOR

Pictures at

Friday, April 5, 2024

an Exhibition

DESERT HILLS HIGH SCHOOL

Arts & Museums

The award-winning Southwest Symphony Orchestra will present two magnificent concerts during March and April.

On Friday and Saturday, March 1 and 2, the Symphony presents **Gershwin and the Rhapsody in Red, White and** **Blue**. Celebrate the 100th anniversary of *Gershwin's Rhapsody in Blue* as the Southwest Symphony and GRAMMY® winning recording artist Jeffrey Biegel perform Gershwin's iconic work, alongside Peter Boyer's *Rhapsody in Red White and*

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Blue as part of the 50-state premier tour. This concert will also include music from *West Side Story*.

On Friday, April 5, experience the beauty and power of music with Mussorgsky's *Pictures at an Exhibition* and Borodin's *In the Steppes of Central Asia.* This concert will feature Leah Kim Keyes, our 2024 Young Artist Competition Gold Medalist. The Zions Youth Symphony will also participate in the concert.

Because of the major renovation at the Cox Auditorium, the Southwest Symphony's temporary home is the beautiful performing arts auditorium at Desert Hills High School in St. George.

Now in his eighth season directing the orchestra, Lucas Darger is a passionate conductor and musician known for expressive performances that captivate and inspire audiences.

Excellent seats are currently available. Tickets can be purchased anytime online at swsutah.org, or by calling the Utah Tech University box office at 435-767-9800, option #1. The box office is open Monday through Friday from 9:00 am to 4:00 pm. Seniors save 25% by using code SENIOR and students save 25% using code STUDENT.

The symphony will finish the 2023-2024 season on May 3 and 4 with **Aretha** - **A Tribute**.

AND THE RHAPS

SOUTHWEST SYMPHONY

LUCAS DARGER | MUSIC DIRECTOR

Fri. & Sat. March 1 & 2



Friday, April 5



Fri. & Sat. May 3 & 4

RAP

SEASON



Vol. 35 Issue 9

BEST OF STATE

Solar Eclipse And Your Eyes

By Dr Ryan Robison

A spectacular event will occur on Monday, April 8, 2024. A total eclipse of the sun will be visible across a large part of the United States, ranging from Texas to Maine.

For us in the St George area, we will see a partial eclipse of the sun, about 53%. The moon will start gradually blocking the sun starting around 11:16 am and reaching the 53% maximum eclipse around 12:24pm. The eclipse will end around 1:35pm.

Everyone viewing the eclipse should wear eye protection because we will not observe a total eclipse here in St George. It is never safe to

view the sun with the naked eye or with sunglasses. The sun's surface is so bright and produces enough energy that



if you stare at any portion of it, even during a partial eclipse, it can permanently damage your retina. Don't be fooled thinking that you can safely

view the eclipse with short glances or your sunglasses. The only time it's ever safe to look directly at the sun is during a total eclipse, when the sun is completely behind the moon.

According to the American Optometric Association, without proper eye protection you can suffer "eclipse blindness", a serious injury in which the eye's retina is damaged by solar radiation even with only a few seconds of staring at the sun. Most victims eventually recover their eyesight, but some suffer permanent loss of some or all of their vision. Solar filters, eclipse glasses, or number 14 welder's glass must be used to view the partial eclipse.

Eclipse viewing glasses and handheld solar viewers should meet all the following criteria:

· Have certification information with a designated ISO 12312-2 international standard.

· Have the manufacturer's name and address printed somewhere on the product.

• Not be used if they are older than three years, or have scratched or wrinkled lenses. Stop by SouthWest Vision

at 965 East 700 South in St. George to get your approved eclipse glasses while supplies last. To schedule an appointment with one of our doctors call 435-673-5577 or visit our website at SouthWestVision.com.

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Tickets Available To Marie Osmond Concert Benefitting Utah TechUniversity Student ScholarshipsTalent." His first studio albumTalent." His first studio albumdifference in the studio album

By Jyl Hall

In celebration of Utah Tech University Foundation's 20 years of raising support for need-based scholarships, the foundation is partnering with Solenté to present Marie Osmond in concert with special guest Daniel Emmet.

Osmond's performance, proceeds from which will be dedicated to needs-based scholarship funds, is set to take place March 22 at 7:30 in the Burns Arena on the Utah Tech campus. This unique opportunity to see Osmond perform in St. George coincides with the sold-out 20th Annual Fire & Ice Gala, which will take place earlier that evening. The gala has a rich legacy of providing needsbased scholarships for Utah Tech University students.

"Utah Tech University Foundation is extremely grateful to Marie and Daniel for supporting our students," Brad Last, vice president of advancement at Utah Tech, said. "Over the past two decades, the gala has provided scholarships to thousands of students who may not have been able to pursue a college education without financial assistance, and we are excited to add the concert this year."

Osmond, who has spent over six decades entertaining millions around the world through the medium of records, television, Broadway, talk show host, dancer, actor, author, commercial spokesperson, entrepreneur and public speaker, is a multiple gold and platinum selling artist, garnering numerous Billboard chart-topping singles and albums.

In 2019, Osmond and her brother Donny completed an 11year residency in Las Vegas by being voted "#1 Best Show" for Caesars Entertainment. Her latest release, "Unexpected," debuted at No. 1 on Billboard's Classical Crossover Albums following its December 2021 release, re-entered Billboards Top Ten 29 different times and was No. 10 on the Billboard year end's best-selling albums charts.

Emmet, who regularly tours with Osmond, was a top-10 finalist on "America's Got Talent." His first studio album debuted in the top 10 of the Billboard Classical Crossover Albums Chart and at No. 1 in the iTunes Singer/Songwriter Albums Chart. This past December, Emmet released his first holiday EP, "Christmas," which debuted in the top 10 of the iTunes Holiday Chart and his deluxe holiday album will release this fall.

"The significance of this event cannot be overstated, especially in light of today's socioeconomic challenges," Last said. "Our students need support now more than ever, and the Fire & Ice Gala and concert are critical in providing that support. We hope the community will join us in this muchneeded cause and help make a difference in the lives of these deserving students."

Over the past 20 years, the funds raised by the foundation have impacted thousands of students' lives.

"I cannot explain how grateful I am," Utah Tech student Madysen Marie Evans, who received a Fire & Ice scholarship, said. "My one struggle this year has been financial and I've been very worried. This award has singlehandedly saved my life, and I couldn't be more blessed."

Tickets range from \$72 to \$150 and are available at <u>utahtech.evenue.net/events/</u> <u>MO</u> or by calling 435-652-7800. To support Utah Tech students any time throughout the year, visit <u>giving.utahtech.edu</u>.



Friday, March 1, 2024

Is Black My Only **Option?**

By Larry Hansen, Owner/ **Funeral Director**

As a licensed funeral director. I'm often asked. "Do I have to wear black to a funeral?" The answer is, no, black is not the only acceptable color to wear to a funeral or memorial service. There are, however, certain recommendations of etiquette to follow when selecting an outfit.

I came across a wonderful article published by *huffpost.com* and written by Julia Brucculieri entitled "What Not to Wear to a Funeral, According to Etiquette Experts." Ms. Brucculieri states, "There is a time and a place for everything, and black has traditionally been

a funeral service is definitely not the place to test out your flashiest outfits or trendy accessories. You want to



look presentable and also be respectful of the deceased and their loved ones. Funerals are a time to remember those we've lost, not bring attention to ourselves."

The article notes that

the color of choice for attending funerals, although various cultures around the world have different customs for funeral services. Etiquette expert Daniel Post Senning states, "You want to honor the spirit of the event. Traditionally, that [meant wearing] things that were darker tones...the idea was that you weren't really festive. The idea was that you were expressing mourning." Fellow etiquette expert Diane Gottsman adds, "you don't have to wear black, but wear something that's not going to make you stand out and make you look as if ally recommend that dress

you're celebrating."

It may seem like common sense, but there are definitely a few items to avoid wearing to a funeral. Senning and Gottsman advise against the following: athletic wear, sneakers, jeans, super short hemlines, spaghetti straps. and Gottsman adds, "You have to show that you made the effort. That's the bottom line. You have to show that you made some effort to come and show your respect for the deceased and the family members."

When asked, I person-



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should be conservative and respectful. Dark and subdued tones are always appropriate, such as navy or gray. Keep accessories minimal and simple. Remember, you are attending a funeral service in honor of the deceased, the life they lived, and the family they left behind.

Serenity Funeral Home is located just off Riverside Dr. at 1316 S. 400 E., Ste. A5. Contact us at (435) 986-2085, visit us online at https:// /www.serenitystg.com, and follow us on Facebook and Instagram @SerenityFuneralSTG.

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hard, since we are a free weekly paper. We make our income from advertisers and since we have lost quite a few advertisers because of the pandemic we are struggling to pay for printing costs so we are asking our readers and community for any donations that you are able to make to avoid having to post the Senior Sampler online only. If you wish to donate we have an account set up online on gofundme type in gf.me/u/zgn6x2 or if wish to mail in a donation please send it to Senior Sampler 581 E 100 S

St. George Utah 84770. Please help us get the word out share this information with all your friends and family, we would really appreciate it. We want to give a big THANK YOU to all who have donated already we have such a great readership. Update: We will only be printing once a month till things pick back up but we will be online every week.

"All Things Bright And Beautiful"-**Lieto Voices In Concert!** sure of performing with John

by Dr. Nancy Allred. Dr.

By Kris Barber

After completing a successful Christmas concert season, Lieto Voices appears again in concert at 7:00 p.m. on Thursday, March 7, at the Norman Lister Auditorium, Pine View High School. The choir is excited to present the best in choral favorites from the world of musical theater, traditional American folk songs, and contemporary Americana. The choir will also be joined by several instrumentalists.

Lieto Voices is a 90voice auditioned choir formed in 2003 by Norman Lister, an award-winning educator and musician who served as conductor for 10 years. Celebrating its 20th Anniversary last fall, Lieto Voices is committed to presenting uplifting choral music to the community and providing extended learning opportunities for its participants. In addition to its concert schedule, the choir performs often with the Southwest Symphony. Their most recent combined performance was Handel's Messiah in December.

Allred is a music professor at Utah Tech University and has recently been named director of the Center for Teaching and Learning. She is in her first season of conducting Lieto Voices, having acquired the baton from Robert Reimer, who was at the helm for the past nine years. Dr. Allred has had vast experience with choirs of all sizes. She is assisted by Kris Barber, who has served as assistant director under all three of Lieto's directors. The choir is accompanied by Tracie Madsen and Ann Graf.

Drawing from stage and screen, Lieto Voices opens the concert with an arrangement by William Strickles of "Tonight" from the musical West Side Story. With music by Leonard Bernstein and lyrics by Stephen Sondheim, "Tonight" has had a new surge of popularity with the release of the 2021 film.

"All Things Bright and Beautiful" by John Rutter is airy and hopeful as it moves lightly through the verses. Lieto Voices is directed Lieto Voices had the plea-

Rutter at Carnegie Hall in 2006. Rutter is a mainstay of choral literature and has written numerous choral classics. Among them are his concert-length works, Requiem, Magnificat, Mass of the Children, The Gift of Life, and Visions.

The choir next moves through a set of American traditional pieces. Sometimes known as folk songs, all are familiar to the ear. "Cross the Wide Missouri," sometimes known as "The Water is Wide," is adapted and arranged by Don Besig. An energetic and challenging take on "Oh! Susanna" arranged by Mark Hayes then takes the stage.

"Homeward Bound," written by Marta Keen and arranged by Mack Wilberg, feels like an authentic American folk song but was penned in 2012. It is now performed by choirs all over the country. When asked about the origin of the idea, Ms. Keen replied that it was about "finding your true calling in life; knowing that those who love you trust that you will return." Enjoying a neat contrast, the choir sings "When the Saints Go Marching In," arranged by John



Rutter. This piece was in the group that Lieto Voices performed in New York City with the composer.

An audience favorite, "The Prayer" by Carole Bayer Sager and David Foster was originally recorded in two solo versions by Celine Dion and tenor Andrea Bocelli for the 1998 film Ouest for Camelot. Lieto Voices will sing an arrangement by Mark Hayes with sections in Italian.

Three more musicals. Carousel, Les Misérables, and Fiddler on the Roof, enjoy a reprise with some of their most recognizable pieces. From Carousel we hear "If I Loved You"; from

Les Misérables, the memorable "Bring Him Home"; and from Fiddler on the Roof, an entire choral medley. The audience will be glad to say hello again to Tevye and the villagers from Anatevka.

Inspired by Dr. Nancy Allred, the choir closes the concert with a combined arrangement of "You'll Never Walk Alone" and "Climb Every Mountain."

Tickets to this performance are available at the Lieto Voices website: www.lietovoices.com. They are also available at the door. The choir is offering a special Senior Discount of \$6 per ticket.





Humor Corner

Love One Another!

Whorehouse Sues Local Church Over Lightning Strike!

Diamond D's Brothel began construction on an expansion of their building to increase their ever-growing business. In response, the local Baptist Church started a campaign to block the business from expanding with morning, afternoon and evening prayer sessions at its church. Work on Diamond D's progressed right up until the week before the grand reopening when lightning struck the whorehouse and burned it to the ground!

After the cathouse was burned to the ground by the lightning strike, the church folks were rather smug in their outlook, bragging about 'The power of prayer'. But late last week 'Big Jugs' Jill Diamond, the owner/Madame, sued the church, the preacher and the entire congregation on the grounds that the church "was ultimately responsible for the demise of her building and her business either through direct or indirect divine actions or means."

In its reply to the court, the church vehemently and voraciously denied any and all responsibility or any connection to the building's demise. The crusty old judge read through the plaintiff's complaint and the defendant's reply, and at the opening hearing he commented, "I don't know how the hell I'm going to decide this damn case, but it appears from the paperwork that we now have a whorehouse owner who staunchly believes in the power of prayer, and an entire church congregation that thinks it's all *******!''' (Mount Vernon Times)

Good Pedigree

The lil' Columbia, Maryland Yuppette was shopping in an upscale pet center. "I want a dog of which I can be proud," she told the salesman. "Does that one have a good pedigree?" "Miss," declared the clerk, "if she could speak, she wouldn't talk to either one of us."

Funny Signs

In a funeral parlor: "Ask about our layaway plan." In a clothing store: "Wonderful bargains for men with 16 and 17 necks." In a Tacoma, Washington men's clothing store: "15 men's wool suits, \$10. They won't last an hour!" On a shopping mall marquee: "Archery Tournament - Ears pierced" Outside a country shop: "We buy junk and sell antiques." In the window of an Oregon store: "Why go elsewhere and be cheated when you can come here?" In the vestry of a New England church: "Will the last person to leave please see that the perpetual light is extinguished."

Devotion

Dave went on a business trip for a few days. When he returned, his wife reported that the dog really missed him. "She spent every night at the front door, waiting for you to come home," she said. "What an example of devotion," Dave replied. "I wonder if you'd be that concerned about me?" "Honey," she answered, "if you were gone overnight, and I didn't know where you were, you can be sure I'd be waiting for you at the front door."

Understanding Your Social Security

Slam The Scam: How To Spot Government Imposters

Do you know how to spot a government imposter scam? We continue to raise public awareness about Social Security-related and other government imposter scams during the fifth annual "Slam the Scam" Day on March 7, 2024. Knowing how to identify potential scammers will help safeguard your personal information.

There are common elements to many scams. Scammers often take advantage of fears and threaten you with arrest or legal action. Scammers also pretend to be Social Security or other government employees and claim there's a problem with your Social Security number (SSN) or your benefits. They may even claim your SSN is linked to a crime.

When you suspect you've been contacted by a scammer:

• Hang up right away or ignore the message.

• Never provide personal information, money, or gift cards.

· Report the scam immediately to our Office of the Inspector General (OIG) at <u>oig.ssa.gov/scam-awareness/</u> report-the-scam.

If you owe money to Social Security, we'll mail you a letter with payment options and appeal information. We only accept payments electronically through Pay.gov, Online Bill Pay, or by check or money order. We will never:

we will never:

• Threaten you with arrest or legal action because you don't agree to pay us money immediately.

• Promise a benefit increase in exchange for money.

• Ask you to send us gift cards, prepaid debit cards, wire transfers, internet currency, cryptocurrency, or cash through the U.S. mail.

Scammers continue to evolve and find new ways to steal your money and personal information. Please stay vigilant and help raise awareness about Social Security-related and other government imposter scams. For more information, please visit <u>www.ssa.gov/</u> scam.

Tell your friends and family about government imposter scams. Let them know they don't have to be embarrassed to report if they shared personal financial information or suffered a financial loss. The important thing is to report the scam right away.

Together, we can "Slam the Scam!"



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Author of Geek Speak

Great American Potato Salad

By Bev Rankin, aka, The Bread Lady

As you readers might have guessed, I love learning and discovering the history behind foods and particularly those we consider being traditional. And, potato salad is no exception. I can't remember where or why I wrote this quote down and don't even know who gets the credit but it is regarding potato salad: "It was first introduced to Europe from the New World by Spanish explorers in the 16th century. These early potato salads were made by boiling potatoes in wine or a mixture of vinegar and spices. The more American version of potato salad is rooted in German cuisine and came here with European settlers". Well, thank goodness for the European settlers because we love potato salad in all its many varieties. Potato salad caught on in the United States in the late 1800's,



and has been a summer staple for many Americans for as long as I can remember. As a child I always knew spring was here because mom would make a huge bowl of it using the early green onions that had popped up in the garden and her special relish she had so lovingly bottled the summer before. Everyone has his or her favorite recipe for potato salad but this is the one I grew up with and still love all these years later. Potato salad is easy to make and can be refrigerated for up to a week or so. Hope you all enjoy this as much as our four generations have!

American Potato Salad

4 large potatoes, boiled in their skins and cooled

4 hard-boiled eggs, peeled 1/4 to 1/2 cup chopped green onions

> 3/4 cup mayonnaise ¹/2 cup sweet pickle relish

3 tablespoons sweet pickle juice

 $^{1\!/}\!\!\!\!\!\!\!4$ to $1\!/\!2$ cup mustard, can use regular or spicy brown

Salt

White pepper Paprika

In a large bowl, cube potatoes into small pieces removing skins first. Peel 3 eggs and cut into small pieces. Add chopped onions. Mix all together with salt and pepper to taste. In another bowl add mayo, relish, juice, and mustard. Mix well. Pour sauce over potato mixture and mix

St. George FamilySearch Center 237 E. 600 South, St. George, UT 84770 435-673-4591 March 4 to March 8, 2024 Class Schedules All classes will now be taught at the Center as well as on Zoom. Hours: M. E. 9 to 5: T. W. Th. 9 to 9: Sat. 10-2

Date		Time	Instructor	
Mon	4-Mar	10:00 AM	Let's March Forth - FamilySearch for Dummies	Parr, Gudrun
		1:00 PM	Writing a Biography as Short Stories	Clarke, Linda
Tue	5-Mar	10:00 AM	Family SearchMemories on an iPhone (No Zoom)	Moon, Alicia
		1:00 PM	Danish Research	Hawks, Monty
Wed	6-Mar	10:00 AM	From Name Gatherer to Family Historian	Grawrock, David
		1:00 PM	Memories (Introduction)	McCuistion, Marl
Thu	7-Mar	10:00 AM	Family History for Beginners	Orman, James
		1:00 PM	Ireland Research - The Records That Did Not Burn!	McKinstry, Marge
		7:00 PM	Empowering Family History Consultants	Frogley, Craig
Fri	8-Mar	10:00 AM	Closed for Cleaning	

well. (I add a little of the wet mixture slowly.) Depending on the size of the potatoes depends on how much of the wet sauce mixture you will need. If you like your salad a little dry, don't add quite so much sauce...if you like it a little moister add more. Spoon into serving bowl. Peel 4th egg and cut into fourths or slices. Place on top of salad for decoration. Cover the top with a light coating of paprika. Serves 4-





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A Veteran's Thoughts

Washington, We Have a Problem

By Ski Ingram

During Apollo 13's flight to the moon the space capsule experienced a rupture in an oxygen tank. Shortly after that happened Jim Lovell, the flight commander, radioed Houston and stated, "Houston, we've had a problem." It took some of the finest brains in NASA to fix the problem and bring the crew of Apollo 13 back to earth. Many in America today believe that Washington has a problem, a big problem. It's going to take some of the most talented and honest men in America to fix it.

Many of us feel like Howard Beale from the movie Network, who said, "I'm as mad as hell and I'm not going to take this anymore." Those who love this country must be aware of the problems in Washington. It is my hope that these people are mad enough to do something about it on November 5th.

There is an old saying "a fish stinks from its head." I agree, a fish does stink from its head and today the fish's head is our current president, Joe Biden. He is continuing the work of Barak Obama who told us that he wanted to "fundamentally change America." Since Biden has been in office America has been fundamentally changed and not for the better. He started his presidency by reversing policies that managed our border security and continued with the disastrous withdrawal from Afghanistan, followed by tacit approval for Putin's "minor incursion" of Ukraine. By these acts alone Biden has caused himself and America to lose



respect on the world stage.

Since the first days of Biden's term in office the quality of life in America has become more difficult. Some of the reasons are: The invasion at the southern border which has resulted in an estimated three million known illegals, increasing crime and the misuse of our tax funds. Instead of spending our tax dollars on citizens who need assistance, money is spent to support the illegal immigrants, our schools are overcrowded putting stress on our education system, and using public facilities as shelters. In addition, it has been estimated that there have been more than 96,000 "got-a-ways." I want to know who are these people? Why are they doing all they can to avoid border patrol? Are they terrorists with nefarious plans for America?

One byproduct of our

open borders are the drug smugglers who are bringing drugs into the country along with human trafficking. Women and children are being forced into the sex trade and the criminal cartels make millions of dollars from this evil practice. Our government is complicit in this enormous profit to the cartels as this open border policy continues. Biden is doing nothing to stop any of it with his non-response to this crisis and refusing to address this issue. Do not be confused by his recent interest in a border bill. Why would he wait for an election year to decide that he needed to take action?

Another problem caused by Biden's policies is inflation, beginning with flooding the country with the pandemic handouts. This disastrous policy brought on high inflation, the loss of jobs and small businesses, and an interruption in our supply chain. Prices skyrocketed and have not come down, just the rate of increase has slowed.

Immediately upon taking office, Biden did as he had promised and stopped oil production in America. The price of oil is much higher today than it was three years ago. With the high cost of gasoline, everything we buy or do costs more money. Everything moves with gas. Even though there is plenty of oil in America we are buying oil from other countries, some who are not our friends. Biden is now attempting to force us to buy EV's (electric vehicles). It doesn't matter that they cost considerably more than a gas-powered vehicle. It doesn't matter that the materials needed to make the batteries are damaging the environment. It doesn't matter that China, our foremost foe, is getting rich while using slave labor to build the batteries. It doesn't matter that there are not enough charging stations in the country where you can recharge your EV. This push to have everyone own an EV will put thousands of auto workers out of work. Does this sound like what America is known for. innovation and resilience?

There are many problems with the administration in Washington. Here are some additional ways they are "fundamentally" changing America: Men being allowed to compete in women's sports, blaming all the problems in American on slavery and racism, allowing homeless people to live on the streets of our cities, defunding our police which has allowed crime to surge, climate crusaders who are encouraging the government to spend money on their pet projects with no real guarantee that they will help this perceived threat, the draconian Covid restrictions that we are beginning to find out were totally unnecessary and have even caused problems for our children and the economy that we will be tackling for years to come.

Can all of this be fixed? Yes, it can, however it's going to take the most talented and patriotic of us to do it. I believe that the Left and the Progressives in this country do not love America. If they did, they would not spend so much energy trying to change it. I love America and I'm sure you do also. As Benjamin Franklin famously said after we won the Revolutionary War "we have a republic if we can keep it." We must all be in the good fight to keep it, or yes, we will lose it.

Ski Ingram is a life member of Lester Keate Post 90 of the American Legion in St. George, Utah. He now lives in Gilbert, Arizona. He is a combat veteran and is a life memof six different ber veteran's organizations as well as the NRA. He can be reached at Ski@Skiingram.com Or www.Skiingram.com

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Are You Being Penny Wise But Pound Foolish With Your Estate Planning?

By Joseph Prete

"Penny wise but pound foolish" refers to the phenomenon where people are so caught up in minimizing expenses that they miss the bigger picture, and lose out in bigger ways. For instance, how many of us buy the cheapest product and later regret it because the product is bad? Or, how many of us wait to fix something only to learn that the delay caused costlier repairs? Are you being "penny wise but pound foolish" when it comes to your estate planning?

It is true that it will cost you a couple thousand dollars, or more, for a well-crafted estate plan prepared by an attorney who specializes in that area. That may seem like a lot of money. BUT what are you getting for your money when you purchase a well-crafted estate plan?

<u>Avoid probate</u>. Most well-crafted estate plans include a trust which designates successor trustees and successor beneficiaries. When you get all of your assets transferred into the trust, your estate can be administered per the terms of the trust, without probate, saving several thousands of dollars.

<u>Avoid guardianship</u>. A well-crafted estate plan prepares both for death *and incapacity*. Many of us will experience diminished capacity in the final years of our lives. Without necessary legal papers, a guardianship lawsuit is needed when 1



incapacity arises. Legal appointments under a well-crafted estate plan generally eliminate the need for guardianship proceedings, saving several thousands of dollars.

Simplicity. When you establish a trust and transfer all of your assets into the trust, all of your assets are now consolidated under one roof, and any future changes can be made in one place. Simplicity! What a gift to your heirs, and to yourself as you continue to age! <u>Private Administration</u>. Unlike wills, which need to be lodged with a probate court to be carried out, trusts are private documents. When your assets are in well-crafted trust, you can avoid airing "dirty laundry" family issues on the public record.

<u>Peace of Mind</u>. Perhaps the greatest blessing of a wellcrafted estate plan is the peace of mind it brings to know that your affairs are in order.

There are shortcut estate plan options out there. To name a few—joint tenancy deeds, deeds on death, joint accounts, handwritten wills, using online or purchased form documents, or getting papers drawn up at a discount by an attorney who does not specialize in estate planning.

But, is the "shortcut" approach "penny wise but pound foolish"? Are you saving a few bucks only to gamble on something that, if done wrong, could wreak havoc in your family?

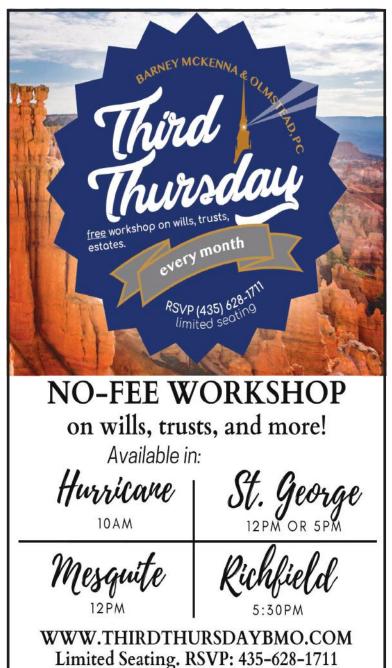
Do not fall victim to the "penny wise but pound foolish" phenomenon when it comes to estate planning.

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Having difficulty finding your Senior Sampler? Don't forget it can be viewed online at: www.seniorsampler.com Olmstead, P.C., it is our privilege and mission to help our clients accomplish their primary objectives through well-crafted estate plan papers.

Every Third Thursday, Barney McKenna & Olmstead, P.C. holds free, no obligation educational seminars on Estate Planning at noon and 5pm in St. George, noon in Mesquite, and 10am in Hurricane. Although there is no charge, a prior reservation is requested. Call us at 435-628-1711 to reserve your

Joseph Prete has been practicing law for the past 19 years and his practice includes a focus on Estate Planning. He also serves on the City Council in Hurricane, UT. Mr. Prete is licensed and serves clients in Utah and Nevada. If you have questions, you would like addressed in these articles, you can contact him at 435-628-1711 or joseph@bmo.law or visit the firm's website at WWW.BMOLAWFIRM.COM



seat.

Zion Eye Institute: Your Partner In Healthy Vision In Eye Care

By The Academy of **Ophthalmology/Zion Eye** Institute

As we gracefully traverse the golden years, the importance of maintaining good health becomes increasingly evident. Amidst various health considerations, the well-being of our eyes is a crucial aspect that often goes overlooked. Our vision, a cornerstone of daily living, significantly impacts independence and overall quality of life. To ensure a clear and vibrant outlook on the world, seniors must prioritize their eye health.

In the pursuit of maintaining healthy vision, partnering with experts becomes essential. This is where Zion Eye Institute steps in as a dedicated provider of topnotch eye care for seniors. Boasting a team of experienced professionals and stateof-the-art technology, Zion Eye Institute is committed to offering comprehensive eye exams, early detection of eye conditions, and personalized care plans tailored to the unique needs of seniors.

To take the proactive step towards nurturing clear and vibrant vision throughout

your golden years, consider scheduling an appointment with Zion Eye Institute today. Your eyes deserve the best care to continue appreciating the beauty that surrounds you. Zion Eye Institute understands the significance of preserving vision, and its commitment to excellence ensures that you receive the highest standard of care.

Remember, investing in your eye health today guarantees a brighter and clearer tomorrow. Don't wait - schedule your eye exam with Zion Eye Institute by calling 435-466-2736 and set off on a journey to a lifetime of healthy vision.

St. George FamilySearch Center											
237 E. 600 South, St. George, UT 84770 435-673-4591											
		Mar	ch 11 to March 15, 2024 Class Schedules								
All classes will now be taught at the Center as well as on Zoom.											
Hours: M, F - 9 to 5; T, W, Th - 9 to 9; Sat - 10-2											
D	ate	Time	Class	Instructor							
Mon	11-Mar	10:00 AM	Beginning My Family Search Journey with a Computer	Frogley, Craig							
		1:00 PM	How to Publish Books with Kindle Direct Publishing	Clarke, Linda							
Tue	12-Mar	10:00 AM	Basic Research (Introduction)	McCuistion, Mark							
		1:00 PM	Find-a-Grave	Sullivan, Sheryl							
Wed	13-Mar	10:00 AM	Family Tree - Hints & Sources	Rygg, Darwin							
	a. 279,22	1:00 PM	Managing Living People in Your Tree	Galer, Glenn							
Thu	14-Mar	10:00 AM	Black & White Photos to Color Photos in Memories	Jacobsen, Lori							
		1:00 PM	Scotland's People - An Amazing Website	McKinstry, Margo							
		7:00 PM	"The Fighting Preacher" - Journal to Book to Major	Packer, Rand							
			Motion Picture	Contraction and Contraction							
Fri	15-Mar	10:00 AM	Navigating Family History	Blake, Muriel							
		1:00 PM	Census Records	Blake, Murial							

Genealogy Corner St George FamilySearch

By Julie Brinkerhoff

Center 2024

A visit to the St George FamilySearch Center can give you a leg up when climbing your family tree. This center offers stateof-the-art equipment, such as computers and scanners, to facilitate your genealogy experience. The FamilySearch Centers are also abuzz with energy and excitement as guests discover more about their families.

This state-of-the-art facility has over 100 computers. They are organized into areas where you can have quiet research time and collaboration areas where families and church groups can work together. Collaboration areas or classrooms need to be reserved if being used by individual groups.

The Discovery Center at the FamilySearch Center has large interactive displays that help you discover more about your family. To make your Discovery Center memorable, you must have a FamilySearch account with several generations of family members added.

The scanner stations are equipped with high-speed scanners. There is a flatbed scanner and a batch scanner at each station. There are scanners for your slides, too. You have old films like Super 8, don't worry, they can digitize those too. Don't forget a USB drive where you will need to save your scanned copies. Don't worry about not knowing how to use the scanners; trained staff are there to help you.

There is free classes Mon-



day-Friday at 10:00 am and 1:00 am. Their website has a class schedule (https:// www.familysearch.org/en/wiki/ St George Utah FamilySearch Center) under the classes tab. These classes range from beginner to expert, so there is something for everyone.

The center is now having Thursday Night Specials at 7:00 pm. These classes and events are a way to have fun and learn even more about family history. They also make great Thursday date night activities.

March's Thursday Night **Specials Schedule**

March 7 Craig Frogley -Empowering Family History Consultants.

March 14 Rand Packer -The Fighting Preacher: Journal to Book to Major Motion Picture. If you have watched the movie The Fighting Preacher, you will know who Palmyra is, and she is Rand's mother.

March 21 Gudrun Parr - My Father, the Third Reich, and LDS Teenage Martyr Helmuth Hubener. If you have read the book Three Against Hitler, this is the rest of the story, as Gudrun's father was involved with these three. too.

March 28 - Wayne and Nancy Borgersen - FamilySearch Olympics (youth and adults welcome).

The St George FamilySearch Center helps you discover, gather, and connect your family from the past to the future

Word Search

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First Ladies

15

MOST AWARDED DOCTORS IN SOUTHERN UT

Hanna	
Harriet	
Helen	
Hilary	
Ida	
Jane	
Jaqueline	•
Julia	
Lady Bird	1
Laura	
Letitia	
Lou	



Rated #1 **Optical Care** for a reason

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Across

Louisa

Lucy

Mamie

Martha Mary

Michelle

Nancy

Patricia

Rachel

Sarah

Rosalyn

Lucretia

1. character 7. compulsion 13. acquiesce 14. king (fr) 16. ho,ho,ho 17. ruler of magog 18. burning 20. Fine Arts Degree (acr) 22. sunshine state Maragret 23. I, myself 26. Haggard novel 28. levies 32. wreath 34. corridors, passages 36. a Stowe character 37. large wave 39. fissure 41. teachers assoc. (acr) 43. town (pre) 44. British officer 46. civil degree 48. river (sp) 50. limb 51. again (pre) 52. extravagance 54. Makua 56. humorist 57. bucket 58. lecture stand

60. counter

62. ____ and gals

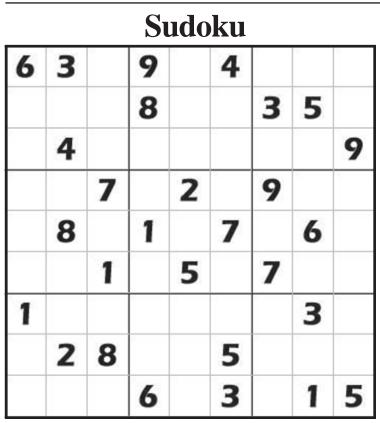
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Down

1. Los Angeles 2. breakfast food 3. masonry tool 4. young doe 5. elec. engineer 6. Hawaiian staple 8. we 9. butt 10. hug 11. as written (mus) 12. continent (abbr) 14. baseball position (acr) 15. son of Miled 18. anti-miss. miss. (acr) 19. witch 21. be quiet (abbr) 22. elf 24. French verb 25. Irish church

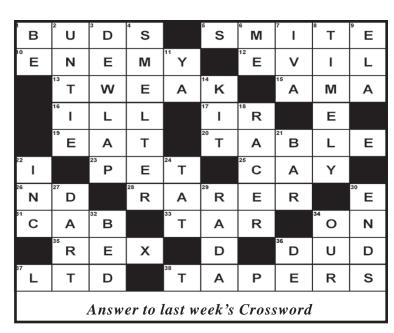
27. pork 29. hide

- 30. across
- 31. secure
- 33. advisory board (acr)
- 35. one who plays lu
- 38. ballistic missile
- 40. sea
- 42. Scottish oak
- 44. Pacific State (abbr)
- 45. water fowl
- 47. graceful tree
- 49. adjective (suf)
- 50. auto dir. finder (acr)
- 51. man's name
- 53. humiliated
- 55. Hindu sky serpent
- 56. like malt drink
- 57. lying on the back
- 59. off. econ. oppor. (acr)
- 61. applause
- 62. exclamation
- 66. fuss
- 67. army post office (acr) 68. second (abbr) 70. gun a motor
- 71. and (lat)
- 72. Palmetto state
- 73. within (pre)
- 74. Egyptian soul
- 75. right turn (abbr)
- 77. pronoun



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Answer to last week's Sudoku

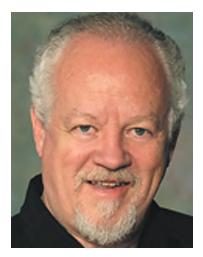




By Shaun McCausland

Scammers are becoming more bold, more convincing, and more dangerous every day. The best way to avoid them getting your information, your identity and your money is be educated and cautious. One of the key things in protecting yourself is to understand what they want to take from you. The first thing they are after is information. This can include your passwords, answers to security questions, social security number, banks account access info, etc. The primary way to get that info is through what are called phishing scams. This misspelling of "fishing" has been around since the mid 90s and indicates that the scammer is using some type of bait, literally fishing for your personal information in order to take something from you.

There are many ways for them to accomplish this. The simplest is to misrepresent themselves as someone you trust and ask for the info. If you give them the info willingly, they have not had to work very hard to gain access to all your accounts. The second way is to frighten you. Most people do not think clearly when they are afraid (ever seen a horror movie?) They do this by telling you your accounts have been cleaned out or you are under investigation for child pornography or the IRS is seizing your assets or your computer has been compromised and has been locked to avoid further infections. They tell you that, if you do exactly what they say (which often includes sending them money via gift cards or cyber currency) they will take care of the problem for you. Never call the phone number provided as it is always a



scammer who will try to frighten you further and gain access (or more access) to your system and your information.

A new billing scam is becoming prevalent recently. You receive an invoice and a nice thank you for your purchase indicating you paid for an item, usually with a significant amount of money. They will either show an attachment with the invoice for you to review (don't open it as it probably contains malware or keyloggers), a phone number to call if you have questions (don't call) or a link to their website (don't go there). I personally have received over a dozen of these scams in my email in just the last couple of days. Here are the steps to avoid being taken in by these scams.

Don't click on links in emails. If you are concerned about your account, call the bank or provider directly (not

SENIOR SAMPLER Page 13

with numbers they provide, but from the website you type in directly). Hyperlinks can take you to destinations different than what they look like. For example, a link that looks like www.ksl.com can be modified to take you to www.hackersrus.com. When you point at a hyperlink, the actual destination will be shown in the lower left corner of your browser. Don't call anyone who locks your computer. Just power your system down by unplugging or by pressing the power button for 10 seconds until it shuts down completely. Wait a minute, then restart. If that does not clear the problem, call your computer professional. Don't believe anyone who calls you saying you owe them money or you are in trouble. Ask for their name, phone number and employee number and tell them you will call back. Then call the agency directly and ask for that person. Do not use the phone number they give you. IRS, Social Security, Sheriffs departments, etc. will not accuse you over the phone.

There are lots of ways and will likely be more that you can be compromised, but these steps will likely keep you secure so be aware, be skeptical and be cautious and, as always, make sure you have a backup (preferably two – one local and one in the cloud) of anything important to you.

Shaun McCausland has worked in the computer industry for over 37 years, 32 years of it locally and currently works as a computer consultant and repairman. You can reach him at 435-668-7118 or <u>mctek88@gmail.com</u>. The Bits 'N' Bytes website is www.bitsnbytes.cc

Friday, March 1, 2024



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Gary's Travel Quiz

1. Which major cruise line has a Sea Witch for its logo?

2. Which is the largest island in the Caribbean?

3. How many different countries are in Africa?

4. In which country can you watch the march of the penguins on Phillips Island?

5. Darwin came up with his theories while visiting which islands?

6. The U.S. purchase the Virgin Islands from which country?

7. Which two countries are completely surrounded by Italy?

8. Gettysburg National Military Park is in which state?

1. Princess; 2. Cuba; 3. 54; 4. Australia; 5. The Galapagos Islands; 6. Denmark; 7. The Vatican and San Marino; 8. Pennsylvania:

Quiz courtesy of Morris Columbus Travel

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